



Professional Analysis



SPECIFICALLY DESIGNED TO ATTRACT THE ATTENTION OF MEMBERS WITHIN A GYM.







The eyecatcher in your gym

The InBody 370S is the basis model for the fitnessworld to measure body composition.

Gyms around the world help their members to achieve their goals through the use of this advanced device. The InBody 370S has been designed to inspire customers' curiosity in every gym.

Just like the other InBody devices, the 370S model has a very high accuracy and reproducibility.

KEY FEATURES

-  **15 SECONDS**
Quick and easy body composition test.
-  **LEAN MASS**
Provides lean mass values for each body segment in pounds.
-  **NO ESTIMATIONS**
Only impedance is used to calculate your results; no statistical data needed.
-  **BODY FAT**
Provides segmental fat and visceral fat analysis.
-  **HISTORY**
Tracks changes on the Body Composition History chart on the result sheet.
-  **DESIGN**
Specially designed to attract the attention of gym members.

THE TEST

Give your clients their initial InBody Test. This will show them their current health standing and highlight areas for improvement.

THE PROCESS

Craft a unique nutritional plan and exercise regimen for each client to optimize their fat loss and muscle gain.


THE RESULTS


Test your clients every 2-4 weeks to show them how their body composition improves over time to inspire them to stay on track.






THE SUCCESS FORMULA

- 
VALIDATE YOUR SERVICES
 Prove the quality of your services on paper. Give your clients their results in black and white and show them how they can improve.

- 
GENERATE CLIENT LOYALTY
 Show your clients you're with them every step of the way on their health and fitness journeys. Inspire your members to focus on changes that really matter based on their InBody Test results.

- 
INCREASE YOUR BOTTOM LINE
 Boost your ROI and revenue by offering complimentary consultations with InBody Tests.

ACCESSORIES



Blood Pressure Monitor



Stadiometer



Data Management Software

PRODUCT SPECIFICATIONS

FREQUENCIES

5, 50, 250 kHz

TEST DURATION

15 seconds

AGE RANGE

3-99 years

HEIGHT RANGE

95 - 220 cm

WEIGHT RANGE

10 - 250 kg

PRODUCT WEIGHT

26 kg

DATABASE

100,000 results

DIMENSIONS

522 x 874 x 1059
(L x W x H) : mm

WARRANTY

2 Year Manufacturer's Warranty

COMPATIBLE PRINTERS

Laser/Inkjet PCL 3 or above and SPL

ADDITIONAL FEATURES

Lookin'Body 120 and Lookin'Body Web Compatible, Touch Screen, Voice Guidance System, Wi-Fi/Bluetooth Connectivity, Security Access Code, Foldable Design

MEASUREMENTS

15 impedance measurements 3 frequencies at each of the 5 segments (Right Arm, Left Arm, Trunk, Right Leg, Left Leg)

OUTPUTS

Weight, Total Body Water, Fat Free Mass, Body Fat Mass, Skeletal Muscle Mass, Body Mass Index, Percent Body Fat, Segmental Lean Analysis, Body Composition History, Body Fat-Lean Body Mass Control, Basal Metabolic Rate, Segmental Impedance at each Frequency

ACCESSORIES(INCLUDED)

InBody Result Sheets, InBody Tissues

ACCESSORIES(OPTIONAL)

Carrying Case, Thermal Printer, Blood Pressure Monitor, Stadiometer, USB Thumb Drive

INTEGRATIONS

Technogym, eGYM, Milon Circle, Myzone

Sample Result Sheet

InBody

[InBody370S]

InBody

TEL: 02-501-3939 FAX: 02-501-3978

ID	Height	Age	Gender	Test Date / Time
Jane Doe	156.9cm	51	Female	2016.05.04. 09 : 46

Body Composition Analysis

Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water(L) 27.3 (27.0 ~ 33.0)	27.3	34.8 (34.7 ~ 42.3)	37.0 (36.7 ~ 44.8)	59.1 (45.0 ~ 60.8)
Protein (kg) 7.2 (7.2 ~ 8.8)				
Minerals (kg) 2.54 (2.49 ~ 3.05)				
Body Fat Mass (kg) 22.1 (10.6 ~ 16.9)				

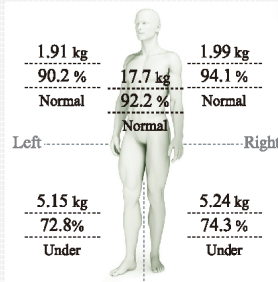
Muscle-Fat Analysis

	Under	Normal	Over
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 **	59.1	
SMM Skeletal Muscle Mass (kg)	70 80 90 100 110 120 130 140 150 160 170 **	19.5	
Body Fat Mass (kg)	40 60 80 100 120 140 160 180 200 220 240 260 280 300 320 340 360 380 400 420 440 460 480 500 520 **	22.1	

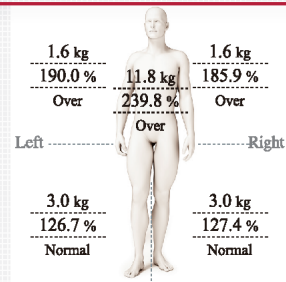
Obesity Analysis

	Under	Normal	Over
BMI (kg/m ²)	10.0 15.0 18.5 21.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0	24.0	
PBF Percent Body Fat (%)	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0	37.3	

Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

	15.10.10	15.10.30	15.11.02	15.12.15	16.01.12	16.02.10	16.03.15	16.05.04
Weight (kg)	65.3	63.9	62.4	61.8	62.3	60.9	60.5	59.1
SMM (kg)	20.1	20.0	19.7	19.7	19.8	19.7	19.8	19.5
PBF (%)	41.3	40.7	39.2	39.0	39.4	38.6	37.8	37.3

InBody Score

66/100 Points
 * Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Body Type

BMI (kg/m ²)	Athletic Shape	Slightly Obese	Obesity
25.0	Muscular Shape	Average	Slightly Obese
18.5	Slim Muscular	Slim	Sarcopenic Obesity
	Thin	Slightly Thin	

Weight Control

Target Weight 52.9 kg
 Weight Control - 6.2 kg
 Fat Control - 9.9 kg
 Muscle Control + 3.7 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Body Balance Evaluation

Upper Balanced Slightly Unbalanced Extremely Unbalanced
 Lower Balanced Slightly Unbalanced Extremely Unbalanced
 Upper-Lower Balanced Slightly Unbalanced Extremely Unbalanced

Research Parameters

Basal Metabolic Rate 1170
 Waist-Hip Ratio 0.98 (0.75 ~ 0.85)
 Visceral Fat Level 12 (1 ~ 9)

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Zi (kΩ)	RA	LA	TR	RL	LL
5 kHz	373.1	385.4	25.7	383.8	314.1
50 kHz	337.2	352.5	23.0	282.3	289.8
250 kHz	307.9	322.9	20.4	263.3	272.7

FAT PERCENTAGE
 The fat percentage shows the percentage of fat in the body. In addition, it is easy to see whether the body fat is within or outside of the normal range.

SEGMENTAL LEAN ANALYSIS
 Identifies how many pounds of lean mass are in each body segment through Segmental Lean Analysis. Use this section to look for any imbalances between corresponding segments (ex. Right Arm, Left Arm).

VISCERAL FAT LEVEL
 Users should have Visceral Fat Levels of 10 or less. Higher levels of visceral fat increase a user's risk of health problems and diseases.

BODY COMPOSITION HISTORY
 Displays the user's Weight, Skeletal Muscle Mass, and Percent Body Fat from the last 8 tests to measure progress over time.